

# ***THE PACESSETTER***

## QUOTE OF THE MONTH

**Many of life's failures are people who did not realize how close they were to success when they gave up. –Thomas Edison**

## NEWS CORNER

- ❖ We did very well on our annual Fiscal Accountability Review! Thanks to all of you for your hard work!
- ❖ Effective 4/1/22, we are no longer requiring non-narcotic medication counts!
- ❖ Open enrollment is 5/2/22-5/13/22. Be sure to pay close attention to information you've received and call HR if you need assistance! Changes take effect 6/1/22.
- ❖ Didn't get your Employee Engagement Survey back to HR by 4/18? No worries! Please go ahead and send it in by 5/13!
- ❖ Putnam County will continue to host Bingo and Lunch at the Putnam County Community Center on Tuesdays at 11. \$5 to eat and play. Everyone is welcome!
- ❖ On May 6<sup>th</sup>, Putnam County will be grilling out from 11am-2pm at the Putnam County Pacesetters office. Everyone is welcome!

## SHOUT IT OUT!

- ❖ Congratulations to Macon County HM Jessica Hare on her engagement!
- ❖ Macon County HM Kristina Coffee would like to announce the birth of her step-grandson, Elijah Kiriazes on 4/21/22. Congratulations!
- ❖ Macon County HM Cheri Loftis would like to celebrate her granddaughter being selected as PHS's Most Valuable Cheerleader!



## SERVICE ANNIVERSARIES

**Jackie Boles—1 year**  
**Brandy Brown—1 year**  
**Robin Runyon—1 year**  
**Rita Elkins—4 years**  
**Debbie Ritter—9 years**  
**Judy Moss—12 years**  
**Jerry Carmack—14 years**  
**Beverly Phillips—15 years**  
**Patricia McCulley—18 years**  
**Bessie Presley—22 years**  
**Ghasson Mansour—24 years**

\*\*Oops! Don't see your name? We don't have permission to share 😊 Change by contacting HR!\*\*

## WELCOME NEW HIRES!

**Michelle Price**  
**Jacqueline Kinling**  
**Patricia Johnson**

**Know anyone you think would make a great DSP? Don't forget about our \$500 recruitment bonus!**

## Holidays in May:

**May the 4<sup>th</sup> Be With You**  
**Revenge of the 5<sup>th</sup>/Cinco de Mayo/National Day of Prayer**  
**Mother's Day is May 8<sup>th</sup>**  
**Memorial Day is May 30<sup>th</sup>**

## JUST FOR GIGGLES

WHY DID STAR WARS  
EPISODES 4, 5, AND 6 COME  
OUT BEFORE EPISODES 1, 2,  
AND 3?

BECAUSE IN CHARGE OF  
DIRECTING, YODA WAS.



## DSP SPOTLIGHT:



**Congratulations to April Thomeczek for being awarded the American Legion Certificate of Recognition for Assistance to Disabled and Handicapped Benefiting Community and State!**

**April has been with Pacesetters since 2007 and was promoted to the role of House Manager in 2019.**

**Thank you, April, for all your hard work and dedication!**

**Want to nominate someone? Send their name and a brief description of why you think they should be showcased to Lindsay Young at [Lindsay.young@pacesetterstn.com](mailto:Lindsay.young@pacesetterstn.com).**

***DSP Spotlight:** April's co-workers have said she goes above and beyond anything asked of her and is always willing to help. The individuals love her and always have nice things to say about her. She is very passionate about her job and does her work by the book. As one staff member said, "everything has a rhyme and reason for it". She does everything with a smile, day or night, and will drop everything and fill in. All of her paperwork is in order. She remains positive and upbeat even during the most trying times. Across the board, she is 100% dedicated.*

## **Happy Birthday!**

### Supported Individuals

Chuck H.—5/6  
David Dailey—5/8  
Betty Herald—5/8  
Isabella Cottles—5/9  
Garry—5/14  
Greg—5/14  
Sue Arney—5/16  
Mark Moore—5/17  
Dean Harris—5/22  
Robert Cowan—5/24  
Troy Huskey—5/28  
Judy Mitchell—5/29

### Staff

Samantha Cintron—5/4  
Charlene Snipes—5/8  
Presley Thompson—5/9  
Michele Taylor—5/10  
Lacey Cheatham—5/10  
Frank Clough—5/13  
Brenda Moore—5/13  
Christy Whittemore—5/14  
Stephanie Turner—5/14  
Tiffany Duffer—5/20  
Teresa Davis—5/21  
Katherine Furbee—5/23  
Daniel Strong—5/28

\*\*Oops! Don't see your name? We don't have permission to share 😊 Change by contacting HR!

## **JOB OPENINGS**

**\*Overnight Med SL LPN**

**\*Med SL DSP**

**\*DSPs**

---

***“Let’s Talk About”  
Generating Positive Changes for People Supported***

---

**You & I by Kathie Snow from the [www.diabiltvisnatural.com](http://www.diabiltvisnatural.com) E-newsletter**

You’re frustrated, sad, scared, or angry. I’m told I have inappropriate behavior.

You’re addicted to coffee, chocolate, tasting, reality TV, and more. I’m told I have obsessions and others use these as rewards or punishments in my behavior plan.

You eat what you want, when you want. I am told what and when I can eat.

You protect your personal space and property. I have no right to personal space and property.

You speak up and defend yourself. I’m described as non-compliant.

You protect your private information. I have no privacy; it seems everyone knows everything about me.

You left your parent’s home and went off on your own whether you were ready or not. I’m not allowed to move on until I meet “readiness” standards for “daily living skills” and more. (Why didn’t my family help me learn things when I was younger?)

You live where you chose with people you love. I’m “placed” wherever there is an “open slot” with people I don’t know.

You network to find a new job. I’m told I first need pre-vocational training; then, maybe someone will try to find a job for me. (Why didn’t public school prepare me for a job? And now, why can’t others help me to learn to get a job on my own?)

You get help from your co-workers in your new job. I’m told I need a Job Coach.

You fall in love and have intimate relationships. I am presumed to be asexual; no one seems to care if I’m lonely and have no real relationships.

You have fun at the mall shopping for holiday gifts for your family and friends. I’m taken on an outing to the mall. I have no money to spend on gifts and no one to give them to.

You’re surrounded by family and friends. I’m surrounded by people who are paid to be in my life.

You’re known by your abilities and interests. I’m supposed to live by my diagnosis and problems.

You live by your hopes and dreams. I’m supposed to live by the goals others write for me.

You live a life of responsibility, inclusion, and freedom. I’m held in a state of helplessness, isolation, and dependency.

You work to improve your standard of living throughout your lifetime. I’ll most likely live below the poverty line for the rest of my life unless significant changes occur.

You’re included because you’re alive. I’m supposed to earn the right to be included.

You’re presumed competent. I’m presumed to be incompetent.



**Covering the Bases:**

Join us for “Walking Across Pacesetters” friendly competition, to begin May 8<sup>th</sup> going through June 4<sup>th</sup>.

1. Email me at [robbie.phillips@pacesetterstn.com](mailto:robbie.phillips@pacesetterstn.com) to let me know you are participating (**very important part**). I will need your name and county that you work in.
2. Beginning May 8<sup>th</sup>, start keeping track of how many minutes you walk each day, at the end of the week submit your minutes to me at [robbie.phillips@pacesetterstn.com](mailto:robbie.phillips@pacesetterstn.com).
3. Of course, everyone that participates is a winner because they are choosing to invest in themselves. Those who walk the most across Pacesetters (the most minutes) will be awarded prizes.

Some benefits of walking include weight control, lowering anxiety and stress, increasing self-esteem, building bones and muscle mass and lowering cholesterol.