



“If you can’t fly, then run, if you can’t run, then walk, if you can’t walk, then crawl, but whatever you do, you have to keep moving forward.”

~Martin Luther King Jr.~

## PACESETTERS PRESENTS

2025

# *Formal Fall Ball*

The 2025 Formal Fall Ball was a great success! We truly appreciate everyone’s support in making this a special event for those we serve in the Upper Cumberland. A special thank you goes out to those who attended and helped make the evening so memorable. This event provided our supported individuals with an unforgettable night of fun, laughter, and community. We’re already looking forward to making the 2026 event even bigger and better!



See page 4 for more memories from the 2025 Formal Fall Ball!

# HALLOWEEN AT PACESETTERS

White/Dekalb/Warren County Party



Macon County Party



Putnam County Party



You can find details about each of these photos and more on our Facebook page!



Shout-out to our Facilities team Jerry, Chris and Jim

## 2<sup>nd</sup> Annual Putnam County

# Christmas On The Square



JOIN US FOR PUTNAM COUNTY'S  
"2ND ANNUAL CHRISTMAS ON THE SQUARE"  
NOVEMBER 29TH FROM 2PM-5PM AS WE CELEBRATE THE JOY OF THE  
SEASON. A FREE FAMILY EVENT FOR ALL AGES!

FREE  
ADMISSION

Photos with Santa | Kids Activities | Bounce Houses  
Games | Free Cocoa & Cider | Carolers | Tree Lighting

GRAND TREE LIGHTING CEREMONY AT 5PM

**WELCOME NEW HIRES!**

Kaleigh B.  
Crystal B.

Beverly B.  
Nicole C.

Judith E.  
Gloria S.

Pamela S.  
Gretta S.

Chelsea W.  
Aleaha Y.

**NOVEMBER SERVICE ANNIVERSARIES**

| <u>Name</u> | <u>Years</u> | <u>Name</u> | <u>Years</u> | <u>Name</u> | <u>Years</u> |
|-------------|--------------|-------------|--------------|-------------|--------------|
| Leann H.    | 1            | Ray R.      | 2            | Kathy F.    | 12           |
| Nikita S.   | 1            | Matthew H.  | 3            | Carol G.    | 15           |
| Jillian T.  | 1            | Savannah G. | 3            | Eddie L.    | 17           |
| Shelby S.   | 1            | Casey D.    | 4            | Kenneth D.  | 26           |

**HAPPY NOVEMBER BIRTHDAYS**

**Supported**

| <u>Name</u> | <u>Date</u> |
|-------------|-------------|
| Alice C.    | 11/1        |
| Johnny      | 11/3        |
| Jeff R.     | 11/7        |
| Janet C.    | 11/8        |
| Georgia     | 11/13       |
| George W.   | 11/15       |
| Gary B.     | 11/16       |
| Deanna L.   | 11/19       |
| Steven N.   | 11/24       |
| Wanda J.    | 11/27       |

**Staff**

| <u>Name</u> | <u>Date</u> | <u>Name</u> | <u>Date</u> |
|-------------|-------------|-------------|-------------|
| Melissa R.  | 11/2        | Gina H.     | 11/19       |
| Tiffany B.  | 11/6        | Tina G.     | 11/20       |
| Xander T.   | 11/6        | Bailey G.   | 11/23       |
| Diane D.    | 11/8        | Chris B.    | 11/25       |
| Mary S.     | 11/10       | Miranda D.  | 11/26       |
| Chelsie M.  | 11/11       | Josh B.     | 11/29       |
| Lorene C.   | 11/12       | Kim W.      | 11/30       |
| Lynn A.     | 11/15       | Kariann W.  | 11/30       |
| Randell B.  | 11/16       |             |             |

If you see an error or omission in the announcements above please let us know.  
Contacting HR/Isabel Koceja at [isabel.koceja@pacesetterstn.com](mailto:isabel.koceja@pacesetterstn.com)!



We would like to congratulate Rosie Cherry! She celebrated her three year anniversary at McDonalds on 11/3. She said that she loves her job and her favorite part of the job is her coworkers.

**WE ARE HIRING!**

**Direct Support Professional**

**New Hourly Rate \$16.25**

**Sign On Bonus \$1000**

**Referral Bonus \$250**

**\*Sign On Bonus for this location only**

**Location White/Dekalb/Warren Counties**

**Learn More and Apply at [pacesetterstn.com](http://pacesetterstn.com)**

HIGHLIGHTS FROM THE FORMAL FALL BALL



[View additional and full-size photos at pacesetterstn.com/formal-fall-ball-2025](https://pacesetterstn.com/formal-fall-ball-2025)

The 2025 Formal Fall Ball was an incredibly special night because of the commitment of our wonderful staff and the support of the following organizations.



HAPPENINGS AT PACESETTERS



[You can find details about each of these photos and more on our Facebook page!](#)

## USING CQL'S THREE E'S TO FIND YOUR COMMUNITY



### WHAT ARE THE THREE E'S?

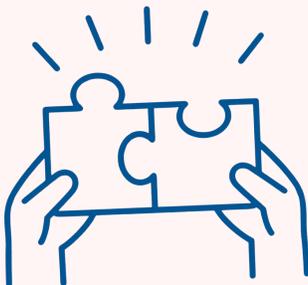
As we face new situations and decisions in life, we rely on past experiences, new knowledge, and trying different options. CQL captures this through the "Three E's": Education, Experience, and Exposure. These aspects are key to informed decision-making, especially in community life.

### EDUCATION

- Online Platforms: Meetup, Facebook Groups, local event websites
- Explore volunteer opportunities based on personal interests
- Identify local resources to experience events, markets, shows, festivals, concerts, and more!
- Consider the person's culture, identity, and preferences



### Factor



### EXPERIENCE

- Partner with volunteer organizations and colleges/schools
- Explore community programs like the YMCA/other nonprofits
- Check out local community centers for workshops and classes
- Don't forget your local library!
- Engage with religious or spiritual organizations and churches
- Explore local businesses
- Get involved with neighborhood associations, Nextdoor App

### EXPOSURE

- Don't be afraid to start conversations in person or online!
- Be open to meeting people from different backgrounds/cultures
- Pair people with support staff with similar interests/experiences
- Help people make an effort to stay in touch with people
- Assist people to invite others to activities/events
- Be patient! Building a community takes time

