



## QUOTE OF THE MONTH

"The world is not dangerous because of those who do harm but because of those who look at it without doing anything." – Albert Einstein

## *Did you know?*

### **Community Participation Services**

Pacesetter supports approximately 130 individuals across several counties through a variety of day support services. Our three county offices serve five counties and offer individualized day service options.

Community Participation services typically involve small groups of three or fewer and focus on supporting individuals to engage in the integrated community. Activities include building connections, volunteering, participating in community activities, and exploring employment opportunities. For individuals on the 1915(c) Medicaid Waiver, these services are referred to as Community Participation (CP). For those enrolled in the CHOICES or Employment and Community First CHOICES (ECF CHOICES) TennCare Waivers, they are known as Community-Integrated Support Services (CISS).

Employment Services supports individuals who want to work in integrated settings and follow a similar process across waiver programs. Services typically begin with Exploration to determine interest in employment, followed by Discovery, which helps identify job preferences and includes assistance with applications and interviews. Once hired, Supported Employment (SE) provides on-the-job training and support, as well as coordination with supervisors and coworkers to ensure a safe and inclusive work environment. These services continue as long as support is needed. When ongoing staff support is no longer required, individuals may transition to Stabilization and Monitoring (SAM), which includes monthly employer check-ins and staff availability as needed.

## Community Participation in Action!



"See photo details at [pacesetterstn.com/february/](https://pacesetterstn.com/february/)!"

## THINGS TO DO

### Cookeville

- Cookeville Chocolate Festival. February 7 at 10 AM – February 28 at 4 AM. Explore Cookeville's Historic Westside and all that it has to offer! Grab a \$5 map at Jamie's Eats & Sweets and explore the businesses listed to unlock exclusive discounts, enjoy (free or discounted) Chocolate, and enter to win the prize basket! Maps are good for one piece of Chocolate per map, at each specified location. This event is hosted by Jamie's Eats & Sweets. 50 W Broad Street, Cookeville, TN 38501

### Lafayette

- Great Pages Circus. Wednesday, February 25, at 4:30 PM. The event will take place at the National Guard Armory, 1200 Russell Dr, Lafayette, TN 37083. This family-friendly show features traditional circus acts, including acrobatics and aerial performances.

### Sparta

- White County Heritage Museum. Thursday 10 AM – 2 PM, Friday and Saturday 9 AM to 4 PM. 144 South Main St., Sparta, TN 38583
- Bluegrass on the square: Scheduled for Feb 20, 2026, at 6:00 PM. 1 East Maple Street, Sparta, TN 38583.
- Cumberland Physical Therapy is hosting a free Fall & Balance Awareness Workshop on Thursday, February 12, 2026, from 5:30 PM to 6:30 PM CST at 550 North Spring Street, Sparta, TN. This session, led by Maddie Johnson, helps address dizziness, unsteadiness, and fall risks to improve overall balance.

**WELCOME NEW HIRES!**

Denise C.  
Kaitlynn Y.

Riley M.  
Kirsten H.

Noel M.

**FEBRUARY SERVICE ANNIVERSARIES**

<u>Name</u>	<u>Years</u>	<u>Name</u>	<u>Years</u>
Martha D.	3	Sharman F.	7
Kelli E..	3	Tina V.	7
Amanda G.	3	Denise H.	20
Glenda S.	5	Lorene C.	24

**FEBRUARY HAPPY BIRTHDAY**

Supported

2/4 Lewis F.  
2/6 Stephanie M.  
2/6 Pam N.  
2/7 Lisa M.  
2/11 Johnathan B.  
2/16 Tina T.

Staff

2/8 Patsy J.	2/20 Janie W.	2/25 Beverly B.
2/8 Justin H.	2/20 Daisy H.	2/26 Betty M.
2/9 Shelby J.	2/22 Kyler C.	2/28 Chrissy S.
2/11 April T.	2/23 Jennifer P.	2/29 Hattie C.
2/18 Dylan L.	2/25 Karla K.	

Oops! Don't see your name or see your name and don't want it seen? 😞  
Change this by contacting HR/Isabel Koceja at [isabel.koceja@pacesetterstn.com](mailto:isabel.koceja@pacesetterstn.com)!



**RETIREMENT**

Congratulations to James Thomas on his retirement! Thank you for your many years of service with Pacesetters. Enjoy your well-deserved retirement!



**Direct Support Professional**

Visit our website for more information

- Sign On Bonus is \$500
- Referral Bonus is \$250

Happenings at Pacesetters



Georgia W, Karen S, and Greta G. doing crafts.



Greg T Karen S at the Hermitage



Leonard R and staff Heather B at the movies



Amy P from Macon making soup on a snow day

"See photo details at [pacesetterstn.com/february!](https://pacesetterstn.com/february/)"

# 8 Ways To Support People



01

## Register to Vote

Information on voter registration at [vote.gov](https://www.vote.gov)

02

## Provide Accessible Voter Education

- ASAN: Autistic Self Advocacy Network Toolkit
- SABE: Voter Education Toolkit from SABE USA
- The Arc: Various Voting Resources

03

## Learn About Candidates & Issues

"Go online and search for the candidates, find out issues on the local news, and that the candidates hold community events!"

– Stacey Ranieri, Self Advocate

04

## Understand Local Voting Processes

Talk with poll workers and local leaders to understand local voting processes such as polling locations, accessibility, early voting, and more!

05

## Help People Get to the Polls

Provide accessible transportation to polling locations and assistance, as needed, with voting machines.

06

## Encourage Support from Family & Guardians

Some parents, family members, or guardians may be hesitant to see their loved ones vote because they may not think they could understand the process. This is not the case!

07

## Get Involved

Get involved in the disability vote through organizations such as the American Association of People with Disabilities (AAPD) and its REV UP Voting Campaign.

08

## Stay Active!

Remind others to vote, spread the word on social media, help with a campaign, attend council meetings, send thank you letters to local election officials and polling volunteers, or even become a poll worker!



Learn more about supporting people ahead of election day:

