

THE PACESETTER

QUOTE OF THE MONTH

Human happiness and moral duty are inseparably connected.

George Washington

SERVICE ANNIVERSARIES

Carol Glover—4 years

Jody Wix—5 years

Ashley Pelfrey—7 years

Krisshina Huddleston—10 years

Miranda Davis—10 years

Cathy Presley—21 years

Sherry Reece—22 years

Robin Gallaher—30 years

****Oops! Don't see your name? We don't have permission to share 😞 Change by contacting HR!**

NEWS CORNER

- ❖ Putnam County will continue to host Bingo and Lunch at the Putnam County Community Center on Tuesdays at 11. \$5 to eat and play. Everyone is welcome!
- ❖ **CELEBRATE!** Check out some local firework shows!
 - * Cookeville's Red White and Boom will be July 4th from 6-9:30pm at the Putnam County Fairgrounds.
 - * Monterey will also have an Independence Day Celebration on July 4th at Whittaker Park.
 - * White County will have a Freedom Celebration on July 2nd from 12-9pm at the White County Recreational Complex.
 - * Overton County will have Shake the Lake on July 4th at Willow Grove Marina and the 12th Annual EMS Fireworks Show on July 2nd from 3-8pm at the Overton County Fairgrounds.
 - * McMinnville will have its annual 4th of July Celebration on July 4th from 7am-12pm on the Historic Court Square with fireworks that night at 9pm at the McMinnville Civic Center.
 - * Westmoreland City will have their Freedom Fest on June 25th at Woodard Park starting at 2pm, and Strong Tower Church in Westmoreland will also have a fireworks show on July 3rd starting at dark.

SHOUT IT OUT!

- ❖ Did somebody say promotion?! We've had a few DSPs move into the role of HM in the last few weeks. Congratulations to Christy Whittemore in Macon County, Beverly Chrestman in Warren County, and Lacey Cheatham in Putnam County! We've also had an HM move up to RS/TS—Congratulations Patricia McCulley!

WELCOME NEW HIRES!

Cole Christian

Maria Duffer

Erica Miller

Samantha Thurman

Hannah Miller

Amanda Harmon

Marissa Horton

Holly Cagle

KNOW ANYONE YOU THINK WOULD MAKE A GREAT DSP? DON'T FORGET ABOUT OUR \$500 RECRUITMENT BONUS!





DSP SPOTLIGHT:



Frances “Shortie” Poindexter was nominated by her supervisor, Stephanie Graham!

Shortie has been with Pacesetters since 2006. Thank you, Shortie, for all your hard work and dedication!

Want to nominate someone? Send their name and a brief description of why you think they should be showcased to Lindsay Young at Lindsay.young@pacesetterstn.com.

DSP Spotlight: Shortie’s supervisor says, “Shortie is a part of the McCain Team!!!!!! She has been an example of a positive team member!!!!!! She has worked with Pacesetters for almost 16 years!!!!!! She’s caring, compassionate, and is kind to the individuals she works with!!!!!! Shortie will always do little extras for the guys on Holidays and Birthdays 🍷!!!!!! She is a valued member of our Team and I’m grateful for her!!!!!!”

Happy Birthday!

Supported Individuals

Mary—7/1
Joey Lawson—7/7
Harold Seibers—7/16
Tina W.—7/22
Colin—7/29
Linda—7/30
Mike—7/30

Staff

Barbara Carr—7/5
Candy Simmons—7/8
Misty Voiles—7/8
Stephany Wilson—7/11
Shelia Breedlove—7/11
Rocky Madewell—7/12
Jackie Boles—7/13
Bessie Presley—7/14
Barbara Qualls—7/18
Anthony Titsworth—7/22
Ahliyah Woodard—7/25
Kylie Eldridge—7/28
Cathy Presley—7/31

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JOB OPENINGS

***Overnight Med SL LPN**

***Med SL DSP**

***DSPs**

Bessie Presley, White/Warren County Director, would like to extend a huge THANK YOU to her White/Warren Team. She knows that the combination of the White and Warren offices and staff shortages have been hard on everyone, but she appreciates everyone's hard work and dedication through it all.

Big thanks to you all!!!!

“Let’s Talk About” Dignity and Respect

The concept of dignity and respect is certainly about choice, decision-making, and dignity of risk, along with the niceties of “thank you” and “you’re welcome. However, it goes beyond these things alone. It involves what we believe about people, how we talk about people, how we talk to people, and how we interact with a person. How a person is perceived and treated by others influences how that person behaves.

Defining Dignity and Respect

Respect can be defined as “showing regard or consideration for” and dignity can be defined as “worthiness.” Most people do not act in a way that is blatantly disrespectful to others or make them feel undignified. However, there are so many subtle behaviors and actions that people engage in that can be viewed as disrespectful. Here are a few examples that CQL has published following interviews with people with disabilities: having “house” rules, being told not to “steal” food out of own refrigerator, someone else opening mail, using a different tone or pitch when speaking to someone with a disability, and speaking for someone unnecessarily.

In order to provide dignity to someone, there must also be respect present. Respect begins with understanding that each person is unique with different priorities, goals, interests, opinions, different backgrounds and proceeding to value these differences. It is imperative that respect is provided throughout all aspects of a person’s life. Examples of showing respect could be through the tone of voice used to speak to a person, listening to a person’s preference of what to eat for dinner, how someone would like to furnish and decorate their home, or listening and responding when the person has a request or idea for their life. Do we listen when a person communicates to us, and do we act appropriately on it? When respect is provided, the person will experience a feeling of being valued, accepted and capable. Offering meaningful and challenging opportunities and activities to people is also a fundamental part of respect. By providing these opportunities, a person is able to build their self-confidence and learn through life experience, thereby becoming more independent.

We respect people by honoring their choices and encourage people to make daily decisions about their life.

Practice Exercise

Think to yourself for a minute how you define respect. What is that definition? What does respect mean to you and look like in your life? What behavior and actions do you expect people to show as a sign of respect?