## THE PACESETTER

### **QUOTE OF THE MONTH**

"November woods are bare and still. November days are clear and bright." – Helen Fiske Hunt Jackson

### PACESETTERS NEWS

- Fun was had by everyone at each County's Halloween party. Pictures are making their way to Pacesetter's Facebook page. Go check them out.
- ❖ White/Warren County had a food drive for the White County Help Center and they received a Thank You letter which a portion of the letter and a group picture was posted on the Pacesetter's Facebook November 12, 2023.
- IMPORTANT: It is that time of year again to confirm that we have your correct mailing address for when it comes time to mail out w-2s as they do not get forwarded, they get returned. PLEASE check your address printed on your pay stub! Contact HR if an address update is needed.
- White county is taking in donations for Seeds of Hope. They are looking for basic hygiene products, winter outer wear (hats, gloves, small fleece blankets). Please contact Karla Kirby at the White County Office with question about donating at 931-738-9515

#### EVENTS & HAPPENINGS

- 2nd Annual Grinch Festival: Dec 2nd 10a 6p & Dec 3rd 10a 4p at the Putnam County Fairgrounds.
- Cookeville Christmas Tree lighting: Dec 3rd 6pm at Dogwood Park

Remember to check your town's Facebook page for things to do to get people we support out and about.

### SERVICE ANNIVERSARIES

Year - Roberta Burton
 Year - SashaDavis
 Year - Shannon Johnson
 Years - Sherry Brown
 Years - Patricia Hudgens
 Years - Shannon Twiford
 Years - Wanda Barnes

27 Years – Shelia Winningham

Oops! Don't see your name or see you name and don't want it seen? ②
Change this by contacting HR!

#### WELCOME NEW HIRES!

Devonte L Burgess, Laura Cercone Anna Grace Evans, Cheri Loftis, Jason Martin, Stefanie McMullen, Kristin Peden, Raymon Rivera, Hunter Brooke Slaven, Ryan Swan, Aaliyah Thompson, Aspen Williams, Ashley Grimes





### **EMPLOYEE SPOTLIGHT:**



Krisshina Huddleston
was nominated by
Rocky Madewell!
Krisshina has been
with Pacesetters since
2012

Thank you, Krisshina, for your hard work and dedication!

Employee Spotlight: Rocky says Krisshina has done a good job with one particularly difficult individual in a high-needs home.

# Happy Birthday!

**Supported Individuals** 

Jim Dronebarger—Dec 11
Will Hull— Dec 16
Carol Hanson— Dec 17
Rosie Cherry— Dec 27

### Staff

Caryon Mansell Dec 1 Carlos Mahaney Dec 3 Dec 3 Margo Phillips Gayla Green Dec 4 Danny Warden Dec 7 Wanda Hix Dec 9 Edna Franklin Dec 11 Kimberly Goforth Dec 12 Samantha Tyler Dec 12 Ashley Pelfrey Dec 16 Holly Cagle Dec 19 Christina Donovan Dec 24 Stephen Jennes Dec 26 Tammy Moody Dec 30 Kameron Chilton Dec 31 Jessica Jacobsen Dec 31

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**JOB OPENINGS** 

\*DSPs

## <u>Let's Talk About: CQL—The Council on Quality and Leadership</u> Personal Outcome Measures—Factor Expectations (What We Look For)

## Indicator 10: People Interact with Other Members of the Community

Being in the community brings us into contact with other people on many levels in a variety of settings. Some of our contacts are casual (greeting a neighbor or chatting with a clerk in a store).

Some are more formal (seeing the dentist or working with others on the job). Sometimes these contacts develop into closer relationships over time. With these contacts, people can more easily use the currency of social capital. Sometimes, social capital is the only currency readily available to people receiving services and supports.

Interacting with others provides the person opportunities to engage in reciprocal relationships with members of their community.

People interact with a variety of others who do not receive services, or who are not staff of the organization or paid to be with them. Spending time with others in the community who are not affiliated with the organization is a critical means by which people can obtain and use meaningful social capital. These opportunities may occur at work, during leisure activity, or in the person's home.

Participation in the community results in meaningful interaction with other people, leading to enhanced personal relationships, expanded social roles, and deeper involvement in community activities. These opportunities broaden the person's social capital network. Through family members, friends, and coworkers, connections to even more people within the community become possible.

The organization facilitates these contacts in ways that match the person's preferences or requests.

Opportunities for meaningful contacts are enhanced when they focus on an individual, rather than on groups of people. Service activities (schedules, rules, or resources) do not limit the type and number of available contacts. A broad array of opportunities is always available, unless the person specifically requests otherwise.

## Indicator 11: People Participate in the Life of the Community

The community offers a rich array of activities and experiences where we find and develop interests, take care of our personal needs, and enjoy leisure activities. The community has many resources for personal support, enjoyment, and development.

Consider the places you typically go during the week: you might visit the doctor or dentist's office, go to the bank, shop for groceries, get a haircut, or stop by the gym or health club. On the weekend, you might take in a movie, sporting event, or concert; attend your church, synagogue, or other place of worship; eat out in a restaurant; spend time at the mall, and so on. When we go out into the community, we meet other people, learn, and broaden our experiences.

Organizations provide people with easy access to community resources. Generic community resources, such as doctors, restaurants, banks, and grocery and retail stores, are the best options for health, leisure, and routine daily living activities.

Organizations support people to participate in many varied activities, according to their interests. When the number of options is limited by the location or size of the community, the type and variety of participation matches that of others in the community.

Training and supports are provided so that people actively join and share in the life of the community. Information about community events and resources is readily available to people. Assistance with transportation to and from different activities also plays a role in facilitating participation. Supports and training reflect individual differences concerning the nature, duration, and frequency of community participation. Organizations match people with opportunities by discovering individual interests.