

THE PACESETTER

QUOTE OF THE MONTH

Hope is like the sun, which, as we journey toward it, casts the shadow of our burden behind us.—Samuel Smiles

PACESETTERS NEWS

- ❖ Putnam County will continue to host Bingo and Lunch at the Putnam County Community Center on Tuesdays at 11. \$5 to eat and play. Everyone is welcome!
- ❖ **CELEBRATE!** Check out some local fireworks shows!
 - * Cookeville's Red White and Boom will be July 4th from 4-9:30 pm at the Putnam County Fairgrounds.
 - * White County will have a Freedom Celebration on July 1st from 2-9 pm at the White County Recreational Complex.
 - * Overton County will have Shake the Lake on July 4th at Willow Grove Marina starting at 9 pm, and the 13th Annual EMS Fireworks Show on July 1st starting at 3 pm at the Overton County Fairgrounds.
 - * McMinnville will have its annual 4th of July Celebration on July 4th from 7 am-12 pm on the Historic Court Square with fireworks that night at 9 pm at the McMinnville Civic Center.
 - * Westmoreland City will have its Freedom Fest on June 24th at Woodard Park starting at 2 pm, and Strong Tower Church in Westmoreland will also have a fireworks show on July 2nd from 5-9 pm.
- ❖ You all sure are having a lot of fun out there! Keep sending in your pictures! I love being able to share what a great job you all are doing and all the fun you're having!



SERVICE ANNIVERSARIES

April Schroeder—1 year
Jody Wix—6 years
Ashley Pelfrey—8 years
Miranda Davis—11 years
Krisshina Huddleston—11 years
Cathy Presley—22 years
Sherry Reece—23 years
Robin Gallaher—31 years

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Change by contacting HR!

WELCOME NEW HIRES!

Kameron Chilton Curtis Choate
Alex Condori Christina Donovan
Mary Gervais Rayven Green
Vanessa Kennedy Rosette Lucas
Jennifer Michalowski Jay Phillips
Thomas Montgomery Tiffany Neal
Susan Saunders Erika Vinson
Tristen Whittemore



July 4th, 1776

British: just saying you're independent doesn't make it true

Thomas Jefferson:



EMPLOYEE SPOTLIGHT:



Christine Webb was nominated by Rachel Whittaker!

Christine has been with Pacesetters since 2023.

Thank you, Christine, for all your hard work and dedication!

Employee Spotlight: Rachel says, "She has covered a lot of shifts, she has supported the staff in her home immensely. She does a fantastic job with the residents. She has reorganized that entire home and labeled everything appropriately. I'm grateful for her."

Happy Birthday!

Supported Individuals

Joey Lawson—7/7

Tina W.—7/22

Colin—7/29

Linda—7/30

Mike—7/30

Staff

Barbara Carr—7/5

Misty Voiles—7/8

Candy Simmons—7/8

Shelia Breedlove—7/11

Savannah Grimsley—7/11

Rocky Madewell—7/12

Bessie Presley—7/14

Barbara Qualls—7/18

Anthony Titsworth—7/22

Ahliyah Woodard—7/25

Allison Looper—7/26

Michaela Gibson—7/27

Alex Condori—7/29

Rachel Whittaker—7/30

Cathy Presley—7/31

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JOB OPENINGS

***Overnight Med SL LPN**

***Med SL DSP**

***DSPs**

Let's Talk About: CQL—The Council on Quality and Leadership
Personal Outcome Measures—Factor Expectations (What We Look For)

Indicator 3: People Have the Best Possible Health

Everyone has a personal definition of best possible health. Some of us might describe good health as freedom from a serious illness. Others may be concerned about their weight or smoking. Some people may want to reduce the use of a particular medication. Whatever our personal definitions might be, feeling healthy helps us to achieve other goals in life.

We look for support from health professionals to help us define options and interventions. Healthcare interventions are personalized and effective. The goal of the health intervention is for people to have the best possible health given their own health status.

The definition of “best possible health” depends on the current health status of a person and the possibility of health interventions to restore lost capacity, stabilize a condition, or minimize further loss of function. Best possible health is defined in terms that are satisfactory for the person. Organizations provide support to obtain a second opinion if the person is dissatisfied with the first. Failure to accept several “second” opinions may indicate that the person needs more information about his or her condition and treatment expectations.

A person’s decision to decline treatment is viewed as one point in the dialogue about treatment options. With support from their healthcare professionals, people determine if services facilitate their “best possible health.” For some people, effectiveness is measured by how well services assist them in preventing illness or injury, for others, by how well the services manage a condition’s rate of progression or keep a chronic condition stable.

People have access to health care services of the same variety and quality available to others. These services address physical, mental, and dental health needs, including those related to nutrition, eye care, and hearing. Organizations provide referrals as needed for specialized services such as physical, occupational, and speech therapies; psychiatric evaluation; psychotherapy, counseling, self-help, and support groups.

The organization assists people to stay informed about and to access, preventative screenings and evaluations that are consistent with their age and risk factors.

Indicator 4: People Experience Continuity and Security

Change is a fact of life. The amount and type of change that we experience can contribute to happiness or discontent. Some of us welcome change—we look forward to new jobs, new places, and new people. Others find comfort in the familiar and reliable. We cannot always control change. Our employer relocates and we might have to move to a new home or even a new town. Or we might lose a job and be faced with financial worries. The loss of someone we love or depend on can cause feelings of uncertainty about the future.

Understanding how each person defines and reacts to change is vital to providing outcome-based services and supports. For this reason, organizations include people in all relevant decisions that impact their lives.

People who experience a disability, mental illness, or other conditions frequently depend on human service organizations for shelter, food, clothing, work, transportation, and other forms of support. Dependence on the organization often links changes in people’s lives to organizational changes. Organizations provide continuity and security for people through the service process.

Changes in programs and services come from issues related to each person. Thus, people do not move from their homes or out of work settings because of concerns about funding or administration. Funding for supports and services follows the person.

Aspects of organizational operations, such as staffing turnover, can affect the stability and continuity people experience. The organization considers how change impacts people’s continuity and security and acts to minimize its emotional effect on people.

Economic security plays a significant role in enabling people to plan for the future. Economic resources cover the basic requirements for a place to live, food, clothing, transportation, and leisure. People need the same cushion in difficult times or unexpected situations as everyone else. People have insurance to protect their resources. These may include health, life, casualty/property, unemployment, and disability insurance.