

THE PACESETTER

QUOTE OF THE MONTH

Success is not final, failure is not fatal: it is
the courage to continue that counts.

Winston Churchill

NEWS CORNER

- ❖ Putnam County will continue to host Bingo and Lunch at the Putnam County Community Center on Tuesdays at 11. \$5 to eat and play. Everyone is welcome!
- ❖ Effective 5/1/22, we are no longer requiring Overnight Staff Responsibility Checklists!
- ❖ **TicketsAtWork:** Have you seen our cool new employee discounts?! Go to ticketsatwork.com to sign up using your preferred email and Company Code: **PACESETTERSPERKS!**
- ❖ **Know someone looking for a job and need a little extra summer \$\$\$\$? Don't forget about our referral bonus of \$500! (\$250 at 3 months and \$250 at 6 months)**

SHOUT IT OUT!

- ❖ White County would like to say a huge THANK YOU to the Knights of Columbus for hosting their annual fishing rodeo!



- ❖ Cindy Mabery would like to shout out her son, Cody Mabery for graduating from Cookeville High School! Congratulations, Cody!

- ❖ Our deepest sympathies and prayers are with our Macon County Team who have lost a loved team member. We love you all and will keep you in our thoughts and prayers!

SERVICE ANNIVERSARIES

Hailey Green—1 year
Barbara Qualls—2 years
Chrissy Presley—2 years
Kaylee Holt—3 years
Cheri Loftis—4 years
Marilyn Harris—4 years
Stephanie Turner—4 years
Steve Jennes—5 years
Cari Anderson-Walden—5 years
Lesia Smith—5 years
Kariann Willis—8 years
Kim Walton—8 years
Teresa Davis—9 years
Renea Lancaster—10 years
Candy Simmons—10 years
Diane Lee—15 years
Ashley Cook—17 years
Lynn Adcock—27 years

WELCOME NEW HIRES!

Kylie Eldridge
Mason Gammons
Dakota Hawkins

Know anyone you think would make a great DSP?
Don't forget about our \$500 recruitment bonus!

Father's Day is June 19th!



JUST FOR GIGGLES

WHAT DOES A BABY
COMPUTER CALL ITS
FATHER?
DATA



Happy Birthday!

Supported Individuals

Stacy McCormick—6/1
Chad Underwood—6/4
Zach—6/6
Scott Gipson—6/8
Debbie K.—6/10
Benji Henegar—6/14
Daryl McGlone—6/14
Donald Lowe—6/22

Staff

Sam Powe—6/1
Samuel Kirby—6/2
Glynn Bumbalough—6/4
Miranda Judd—6/5
Dakota Hawkins—6/8
Holly Burgess—6/8
Stephanie Anderson—6/9
Jerry Carmack—6/10
Carla Thompson—6/17
Bethany Cole—6/18
Leslie Denton—6/22
Barbara Jennes—6/25
Sherry Brown—6/27

DSP SPOTLIGHT:



**Matricia Wingo (Trish)
was nominated by her
supervisor, Candy
Simmons!**

**Trish has been with
Pacesetters since
2019.**

**Thank you, Trish, for
all your hard work and
dedication!**

Want to nominate someone? Send their name and a brief description of why you think they should be showcased to Lindsay Young at Lindsay.young@pacesetterstn.com.

DSP Spotlight: Trish's supervisor says, "When I tell her how much I appreciate all her hard work she says it's no big deal. They need all of us. However, I felt she just needed to be bragged on a little. Matricia Wingo (Trish) is my third shift staff. Trish works 7 days a week and is always willing to cover extra hours if need be. Trish never calls out unless it's an absolute emergency. Trish is great with the ladies at this home, always very respectful to both staff and the individuals. All in all Trish goes above and beyond for this home, the individuals and Pacesetters."

**Oops! Don't see your name? We don't have permission to share 😊
Change by contacting HR!

JOB OPENINGS

***Overnight Med SL LPN**

***Med SL DSP**

***DSPs**

**“Let’s Talk About”
Enabling Technology**

What is Enabling Technology?

Enabling technology is any technology, including devices and services, that empowers independence, supports self-determination, and enhances quality of life. These types of technologies include sensors, mobile applications, remote support systems, and other smart devices. Enabling Technology can support a person in navigating their jobs and communities, gain more control of their environment, and provide support and reminders to assist a person in independent living.

Pacesetters’ mission is to empower and support people with disabilities and their families to lead enriched and fulfilled lives. As an agency, we are committed to the use of positive approaches and methods in order to promote growth, development, and to gain the highest level of independence possible for people supported. The ultimate goal for supporting people is to allow a person to live the life they envision for themselves. Technology and staff support, both, will have an important role to play in realizing that goal.

Pacesetters, Inc. will be supporting enabling technology projects across the agency; we are partnering with county management to identify people who are interested in taking the first steps in this opportunity. The coming months will be filled with new opportunities and developments involving technology. For those who are ready to take the first steps, the opportunity awaits!



SPOTTED! 🙄

Beth Collins and Barron Garrett enjoyed a nice day date at Rock Island State Park on 5/5/2022.



Covering the Bases:

Do you ever feel stress, anxiety or panic?

Grounding Techniques are great ways to calm these feelings. A favorite grounding technique is 5-4-3-2-1. This technique uses all 5 senses:

- Identify 5 things you can see.*
- Identify 4 things you can touch.*
- Identify 3 things you can hear.*
- Identify 2 things you can smell.*
- Identify 1 thing you can taste.*

