



QUOTE OF THE MONTH

Whenever you find yourself on the side of the majority, it is time to pause and reflect.

~ Mark Twain

Board Member Spotlight - J. E. Linder

What did you spend your career doing and how do you love to spend your time now? After school I got into the construction business and worked at that for about 12 years. I was hired at TDOT Eng. division building roads and bridges. I went back to TTU and worked my way up to Eng.2 and stayed with them for 40 years before retiring. Owning and operating a small farm keeps me occupied.

What is one piece of advice or life lesson from your career that you still use today? Always do a good job with whatever you're doing. If it's worth fixing, it's worth doing right.



How did you first get involved with or hear about our organization? Our Daughter was special needs and we lost her 3 years ago. We were always looking for something to help her have a better life and came into contact with Pacesetters. We got involved with Pacesetters not long after it started. About 50 years ago I was invited to become a Board member.

Why is our mission or work personally important to you? Pacesetters' work is very important to me. Our daughter loved the many years she spent coming to Pacesetters. I know the people supported love to go and be together.

If someone in the community asked you what makes our organization special, what would you tell them? Pacesetters' staff cares about each client to provide a better quality of life and that's what makes them special. All the individuals want is to be loved and cared for.

Sausage Skillet Dinner

INGREDIENTS

- 1 Tbsp. olive oil
- 1 medium red apple or green apple, thinly sliced, (about 2 cups)
- 1 small onion, thinly sliced, (about 1 cup)
- 1 cup thinly sliced red cabbage
- 12 ounces kielbasa sausage, sliced
- 1 package Knorr® Butter & Herb Pasta Side
- 1 tsp. Traditional Dijon Mustard

DIRECTIONS

1. HEAT oil in large nonstick skillet over medium-high heat and cook apple, onion and cabbage, stirring occasionally, until they soften and begin to brown, about 5 minutes. Remove and set aside.
2. ADD knockwurst or kielbasa to same skillet and cook over medium-high heat, stirring occasionally, until browned, about 5 minutes. Remove and set aside.
3. PREPARE Knorr® Rice Sides™ - Herb & Butter in same skillet according to package directions. Stir in apple mixture, knockwurst and mustard and heat through.

***DSP's please send us photos of meals shared together and/or healthy recipes tried in the home.**

DSP Appreciation Week



[Click here to see additional photos & details at pacesetterstn.com/happenings-october-2026](https://pacesetterstn.com/happenings-october-2026)

Spirit Week



[Click here to see additional photos & details at pacesetterstn.com/happenings-october-2026](https://pacesetterstn.com/happenings-october-2026)

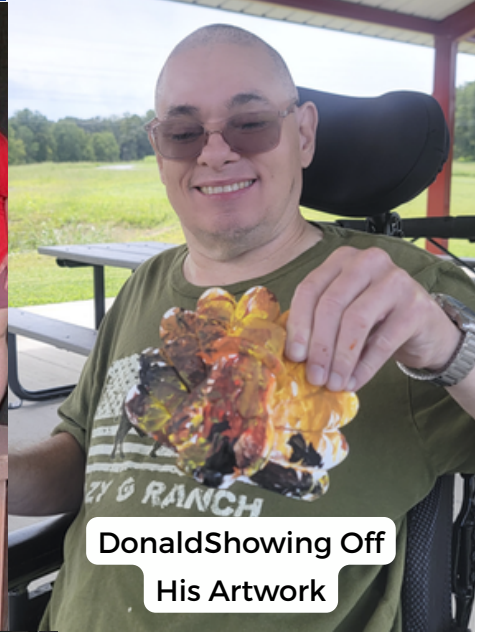
Happenings



Jackie's Act of Kindness
Donating Her Old Clothes



Tina Wofford & Friends



Donald Showing Off
His Artwork



SACC



Hyder Burks Rodeo Event



[Click here to see additional photos & details at pacesetterstn.com/happenings-october-2026](https://pacesetterstn.com/happenings-october-2026)

2026 Pacesetters Golf Tournament

THANK YOU!

Thank you to all who participated in and supported our 2026 Golf Tournament!
We had 24 teams this year!



GOLF

TOURNAMENT



Winners: Logan Moody, Colby Moody, John Glenn, Dylan Sisco

Men's Long Drive Winner: Wayne Dulworth

Women's Long Drive Winner: Vonnie Bernhard

THANK YOU SPONSORS & SUPPORTERS!

Presenting Sponsor: Cookeville Honda

\$40,000 Hole in One Sponsor: Swallows Insurance Agency

Putting Green Sponsor: Charles Stone Heating and Cooling

Men's Long Drive Sponsor: Edd Rogers Valley Ford and Edd Rogers Chevrolet

Women's Long Drive Sponsor: Payless Pharmacy

Beverage Sponsor: Coke

Major Sponsors

Algood Family Pharmacy, Express Marketing, Journey Financial,
First National Bank, N&L Business Systems

Corporate Sponsors

Civil Engineering & Surveying, MMA Insurance, Hills Pest Control, Enterprise Fleet Management, Payless Pharmacy, M.E. Industries, INC, Bennett Industries, David Hatcher AIF, Charles Stone Heating and Cooling, Middle Tennessee Natural Gas,

Special Thank You: White Plains Golf Course

Additional Food/Beverage Discounts/Donations: Hardees, Strouds, and Starbucks S. Willow

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WELCOME NEW HIRES!

Cathryn Aldridge
Ty Byhanna
Isabella Callejas Perez
Amy Campfield

Zoe Hardrick
Rebecca Haynes
Nicole Loftis

Crystal Sims
Bethany Webb
Shelia Winningham

OCTOBER SERVICE ANNIVERSARIES

<u>Name</u>	<u>Years</u>	<u>Name</u>	<u>Years</u>	<u>Name</u>	<u>Years</u>
Michele Taylor	21	Tammy Gibbs	8	Ryan Swan	3
Frances Poindexter	20	Lydia Antonetti	7	Jason Martin	3
Kindle Moore	19	Amy Alfrey	6	Cheri Loftis	3
Karla Kirby	18	Lonnie Whithead	4	Brittany Chatham	1
Henry Carter	12	Larry Rector	4	Chelsea Winnett	1
Shanna Jones	9	Hunter Slaven	3	Aleaha Young	1

OCTOBER BIRTHDAYS

Supported

Johnny W. 5th
David G. 6th
Michael J. 6th
Sherry L. 6th
Amy G. 9th
Dayna N. 30th
Karen S. 30th

Staff

Katie Billings 1st
Ray Rivera 2nd
Victoria Depuy 7th
Eddie Lasko 7th
Kindle Moore 8th
Cheri Loftis 10th
Nicholas Qualls 10th
Tami Canott-Mahaney 12th
Carol Gaw 12th
Brandon Mason 17th
Ashley Key 21st
Michaela Raines 24th
Haighlei O'Hagan 25th

Oops! Don't see your name or see your name and don't want it seen? 😞
Change this by contacting HR/Isabel Kocaja at isabel.kocaja@pacesetterstn.com!



VETERANS CELEBRATION

SATURDAY, NOVEMBER 14, 2026
LINE UP 10AM
CEREMONY 10:30AM
PARADE 11AM
PUTNAM CO COURTHOUSE
COOKEVILLE, TN

LET THOSE WHO PAID THE ULTIMATE SACRIFICE NOT BE FORGOTTEN

**WE'RE
HIRING!**
DSP's

pacesetterstn.com/careers