The Pacesetter

November 2026

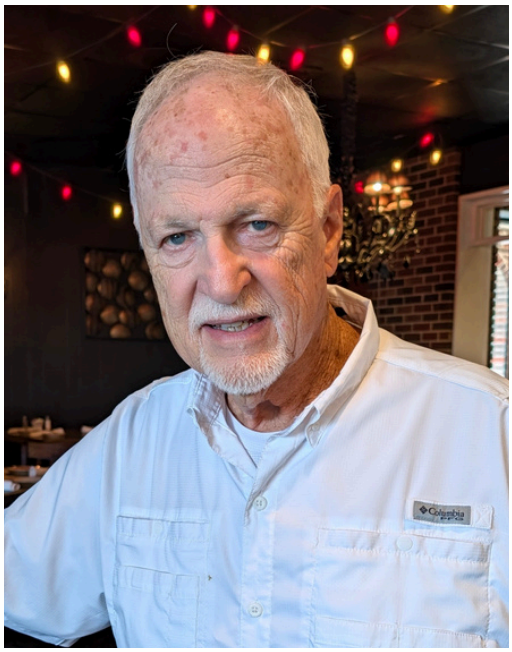


QUOTE OF THE MONTH

I've failed over and over and over again in my life and that is why I succeed.

Michael Jordan

Mike Eller Board Spotlight



What did you spend your career doing and how do you love to spend your time now?

After a distinguished dual career, Mike retired following 37 years with Farm Bureau and over two decades of dedicated military service. He spent 17 years as a Field Claims Representative before being promoted to Regional Claims Manager, and he ultimately retired from the military as a highly respected First Sergeant. Today, he remains active on the Pacesetters Board while enjoying retirement on his farm in White County.

What is one piece of advice or life lesson from your career that you still use today?

Don't ever give up

How did you first get involved with or hear about our organization?

Mike became involved with Pacesetters through his son Zachary.

Why is our mission or work personally important to you?

There are a lot of people that need the help Pacesetters provides.

If someone in the community asked you what makes our organization special, what would you tell them?

Pacesetters has a lot of attention to detail.

What is a hobby you enjoy?

He used to enjoy waterskiing. He now enjoys carpenter work and is very active in church. He also loves spending time with his grandson.

What is something people might be surprised to learn about you?

He has a Master's Degree in Agriculture Education.



IN LOVING MEMORY OF JUDY MITCHELL

It is with heavy hearts that we share the news of the passing of Judy Mitchell, a cherished member of the Pacesetters family for 31 wonderful years. Judy was a bright light in our community, and her presence will be deeply missed by everyone who had the privilege of knowing her.

Judy truly never met a stranger. She was famous for greeting everyone she encountered with her signature, warm "Heidey," bringing an instant smile to those around her. Along with her friendly spirit, Judy possessed a wonderfully distinct and independent personality—she always knew exactly what she wanted and had her own special, memorable way of expressing it.

Judy brought immense joy to our organization and left a lasting impression on our staff and community. She was a true gift to us all, leaving behind a legacy of warmth, laughter, and connection. While we will miss her deeply, we are incredibly grateful for the three decades of beautiful memories she shared with the Pacesetters family.

ROTISSERIE CHICKEN OVEN TACOS RECIPE

INGREDIENTS

- 3 cups shredded rotisserie chicken
- 1 packet (1.25 oz.) Original Taco Seasoning
- ¼ cup taco sauce
- 12 Original Crisp Taco Shells
- 1 can (16 oz.) refried beans
- 2 cups shredded Mexican blend cheese
- Taco toppings of choice: sour cream, tomatoes, lettuce, black olives, salsa

DIRECTIONS

1. Preheat oven to 400˚F.
2. In large bowl, toss together chicken, taco seasoning and taco sauce.
3. In 9"x13" pan, stand taco shells up. In each shell, evenly divide beans, seasoned chicken mixture and cheese.
4. Bake for 15 to 18 minutes, until filling is hot and cheese is melted.
5. Serve tacos with desired toppings.

***DSP's please send us photos of meals shared together and/or healthy recipes tried in the home.**

Memories from the 2026 Fall Ball








CLICK HERE FOR ADDITIONAL PHOTOS AND DETAILS!

Happenings

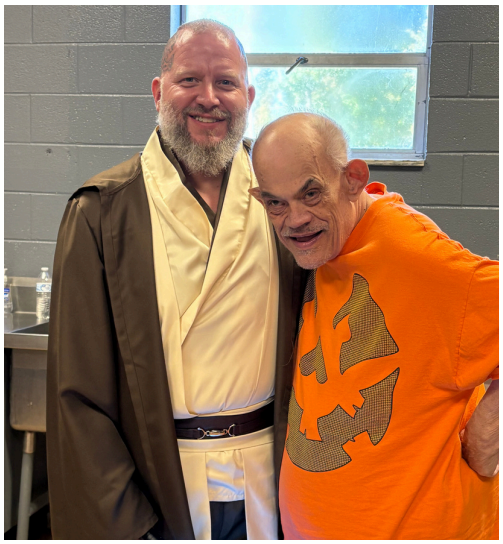
From Trunk-or-Treats to Community Involvement, Fun Was Had All Month Long!













CLICK HERE FOR ADDITIONAL PHOTOS AND DETAILS!

WELCOME NEW HIRES!

Kimberly Ayres | Megan Cantrell | Christina Gerhardt

NOVEMBER SERVICE ANNIVERSARIES

Name	Years	Name	Years	Name	Years
Kenneth Derossitt	27	Casey Durham	5	Shelby Sims	2
Eddie Lasko	18	Ronald Hylton	4	Lilly Brandon	1
Barbara Gaw	16	Raymon Rivera	3	Michele Samuels	1
Katherine Frasier	13	Leann Heady	2		

NOVEMBER BIRTHDAYS

Supported

Alice C.	1st
Janet C.	8th
Georgia W.	13th
George W.	15th
Gary B.	16th
Deanna L.	19th
Steven N.	24th

Staff

Tiffany Barnes	6th	Bailey Gude	23th
Diane Derossitt	8th	Chris Breeding	25th
Chelsie Miller	11th	Cansadie Ebner	25th
Lynn Adcock	15th	Miranda Davis	26th
Katelynn Walters Moser	17th	Josh Bowden	29th
Gina Humphrey	19th	Kim Walton	30th
Tina Green	20th	Bayli White	30th
Lily Simmers	21st	Kariann Willis	30th

Oops! Don't see your name or see your name and don't want it seen? ☹
Change this by contacting HR/Isabel Koceja at isabel.koceja@pacesetterstn.com!





WE'RE HIRING!

DSP's

pacesetterstn.com/careers

CQL

Social Capital and Quality of Life

Examining the impact of social capital on people with IDD (Intellectual and Developmental Disabilities).

WHAT IS SOCIAL CAPITAL?

A concept that recognizes that our relationships and social networks can serve as a form of capital, similar to money, helping to connect us with resources, material, emotional, and social support.

Who had fewer social capital outcomes present?

- Younger People
- Latiné & Multiracial People
- People in Segregated Day Programs
- People Living With More Housemates
- People with Complex Medical Support Needs
- People Communicating Thru Verbal/Spoken Languages
- People Living In Provider Owned/Operated Homes
- People With Full/Plenary Guardianship
- People living in Intermediate Care Facilities (ICF)
- People With Comprehensive Behavior Support Needs

People with IDD only had an average of **3.38 OF 8** social capital-related outcomes present!

Probability of a Person with IDD Exercising Rights



All 8 social capital-related outcomes present... **87%**

0 social capital-related outcomes present... **27%**

Controlling for sociodemographics

FOR EACH ADDITIONAL SOCIAL CAPITAL-RELATED OUTCOME PRESENT, PEOPLE ARE 1.44X MORE LIKELY TO EXERCISE RIGHTS!

Friedman, C. (2024). Social capital and people with intellectual and developmental disabilities. Journal of Developmental and Physical Disabilities. https://doi.org/10.1007/s10882-024-09975-3

CQL℠