



## QUOTE OF THE MONTH

The most important thing is to try and inspire people so that they can be great at whatever they want to do.

~ Kobe Bryant

## *Water Day at White County*





## Air Fryer Chicken Meatballs Recipe

### Ingredients

- 1 pound ground chicken
- ¼ cup onion, finely chopped
- ¼ cup Private Selection™ Halved Sun-Dried Tomatoes, drained and finely chopped
- 1 tbsp. Parmesan cheese, shredded
- 1 tsp. minced garlic
- ½ cup Quick 1-Minute 100% Whole Grain Oats
- ¼ cup milk
- 1 large egg, beaten
- 1 tsp. salt
- 1 tsp. ground black pepper

### Directions

Step 1 - Heat air fryer to 350°F.

Step 2 - In a large bowl, mix all ingredients until well combined. Form mixture into 24 meatballs.

Step 3 - Place meatballs in a single layer in air fryer basket. Coat lightly with avocado oil.

Step 4 - Air fry 10-15 minutes, flipping meatballs halfway through, until internal temperature reaches 165°F



\*DSP's please send us photos of meals shared together and/or healthy recipes tried in the home.



## PACESETTERS DAY AT THE PUTNAM COUNTY FAIR

Pacesetters Day is a special invitation only event for those we serve. There will be fun, rides, and a special meal.



- Date: Sunday, August 2, 2026
- Time: Starts at 9:00 AM
- Location: Music Barn at the Putnam County Fairgrounds, 155 Fairground St.,

**Note Regarding Admission** - Invitation only (hosted for clients of Pacesetters and local support agencies, featuring early private access to fair rides provided by the midway operators)

**Thank You:** We want to extend a special thank you to McGriff for hosting the meal.



**Congratulations** to Cathy Presley on 25 years with Pacesetters! Thank you for your loyalty, dedication, and the difference you've made through your years of service—we're proud to celebrate this remarkable achievement with you.

*Deepest sympathy*

**Bobby  
Hollywood Davis**

Mar 1, 1951 — Jul 18, 2026



Bobby Joe Davis, left this world peacefully at his residence on Saturday July 18, 2026, at the age of 75. Born on March 1, 1951, in Nashville, Tennessee, Bobby filled his days with a warmth and laughter that anyone fortunate enough to know him will not soon forget.

**WELCOME NEW HIRES!**

Bryn Kadunce  
DaShaun King,  
Taylor Fleetwood,  
Taylor Sumbler

Lauren Phillips  
Lakeisha Darty  
Mylee Bumbalough

Jane Loyd  
Crystal Richards  
Katelynn Walters Moser

**AUGUST SERVICE ANNIVERSARIES**

| <u>Name</u>      | <u>Years</u> | <u>Name</u>      | <u>Years</u> |
|------------------|--------------|------------------|--------------|
| Jim Beaty        | 37           | Karen Brisendine | 3            |
| Betty Marler     | 18           | Tammy Moody      | 3            |
| Gina Humphrey    | 15           | Jodi MacDonald   | 2            |
| Frank Clough     | 14           | Melly Cheyanne   | 2            |
| Leslie Moser     | 8            | Megan Heinzman   | 1            |
| Heather Burchett | 4            | Jill Kolbe       | 1            |
| Dylan Ledbetter  | 3            | Adam Asberry     | 1            |

**AUGUST BIRTHDAYS**

| <u>Supported</u>  |                   |   | <u>Staff</u>     |    |                 |    |
|-------------------|-------------------|---|------------------|----|-----------------|----|
| 8/5 Greta G.      | Amy Alfrey        | 1 | Ryan Swan        | 10 | Shannon Twiford | 22 |
| 8/6 Diane H.      | Chrissy Cothron   | 4 | Nicole Lane      | 12 | Bill Toye       | 24 |
| 8/8 Harold P.     | Glenda Schoenmann | 5 | Cyndie Whittaker | 17 | Ashley Cook     | 25 |
| 8/15 Elizabeth C. | Renea Lancaster   | 5 | Brooke Slaven    | 19 | Jill Kolbe      | 28 |
| 8/16 Vickie R.    | Liz Seitz         | 7 | Adriana Evans    | 19 | Riley Morris    | 29 |
| 8/17 Michelle C.  | Martha Dowell     | 9 | Shanna Jones     | 9  | Robin Gallaher  | 31 |

Oops! Don't see your name or see your name and don't want it seen? 😞  
Change this by contacting HR/Isabel Kocaja at [isabel.kocaja@pacesetterstn.com](mailto:isabel.kocaja@pacesetterstn.com)!

**GOLF**

**TOURNAMENT**  
**SEPTEMBER 12TH**

Click above for more info.

**WE'RE  
HIRING!**  
**DSP's**

[pacesetterstn.com/careers](https://pacesetterstn.com/careers)



## Happenings at Pacesetters



Tina W.



A Beautiful Day!  
Courtney M. and Laura B.



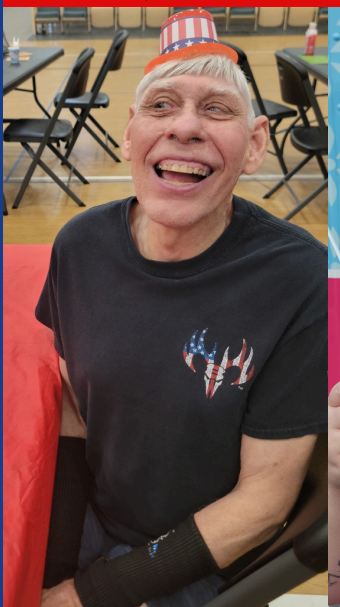
Planting Pretty Flowers  
Diedra T.



Having Fun!  
Garry T. and Rebecca W.



## Bingo and Snowballs



[Click here to see photo details at pacesetterstn.com/happenings-august-2026](https://pacesetterstn.com/happenings-august-2026)





## SUPPORTED DECISION-MAKING

Like everyone, people with disabilities sometimes need support when making decisions or planning for the future. Supported Decision-Making (SDM) is a tool that can help people with disabilities understand and make decisions about their lives. Using SDM, people with disabilities can make decisions to the full extent of their capacity, even as they get needed support.

### Supported Decision-Making

Supported Decision-Making (SDM) allows people with disabilities to pick supporters to help them make choices. These trusted advisors, or supporters, can be anyone from friends and family members, to professionals. The supporters agree to help the person with a disability understand, consider, and communicate decisions. When the need arises, the person with a disability works with their supporters to get the information and accommodations they need to make their decisions.



### Everyone is Unique

SDM can be used in all types of decision-making. These choices could be about where to live, where to work, how to spend money, what medical choices to make, or anything else. SDM can also be used along with other decision-making supports like power of attorney and conservatorships. In all situations, the goal is to be able to honor the person's preferences. You do not need a lawyer to use SDM like you do for other decision-making supports.

**"Andrew feels strongly about learning how to make his own decisions with supports. He says he likes the freedom to consult with others before making decisions. As his parents, we are helping him identify a strong circle of support to assist him as he navigates young adulthood. We are currently working with Andrew on supported decision-making skills."**

– The Braach family

### Learn More

- **The TN Center for Decision-Making Support - [TNDecisionMaking.org](https://TNDecisionMaking.org)**  
A virtual resource about decision-making supports and future planning for people with disabilities. Learn more about Supported Decision Making and request a meeting with an advocate through the website 'Contact us' page to discuss your unique needs.
- **Easy Read Edition of Supported Decision-Making - [bit.ly/EasyReadSDM](https://bit.ly/EasyReadSDM)**
- **National Resource Center for Supported Decision-Making - [SupportedDecisionMaking.org](https://SupportedDecisionMaking.org)**